

**2016 CCCSCA
Men's Northern California All-Region Team**

Name	College
Javier Alfaro	Hartnell
Marco Neves	Las Positas
Frankie Hession-Harris	Evergreen Valley
Edgar Benitez	Deanza
Willy Miranda	Hartnell
Rigoberto Mariscal	Hartnell
Adrian Gil	Deanza
Maynor Moncado	Skyline
Jamal Bernandez	City College of San Francisco
Edgar Yopez	Contra Costa
Juvenal Pena	Contra Costa
Sebastian Ramiro	Napa
Shawn Aguigui	Napa
Carlos Eduardo	Lassen
Jack Fulton	Feather River
Djibril Fofana	Lassen
John Ryan Holland	Feather River
Chris Ochoa	Santa Rosa
Ian Rumbaugh	Santa Rosa
Khalil Kirksey	American River
Julio Herrera	American River
Andres Rios	Fresno
Jonathan Rodriguez	Fresno
Erik Juaregui	Taft

**2016 CCCSCA
Men's Southern California All-Region Team**

Forwards

MICHAEL FLORES
OSCAR NAVARRO
FRANCISCO CONTRERAS
SEAN GOODE
JORGE GUZMAN
JOSE MOJICA

College

MT. SAC
SANTA ANA
SAN DIEGO CITY
IRVINE VALLEY
ALLAN HANCOCK
ANTELOPE VALLEY

Midfielders

JOSH GOODMAN
MARIO SERMENO
JOSE RIVERA
EDUIN MUNGUIA
NARCISO CERVANTEZ
CARLOS LEMUS
EDWIN BERNAL
LUIS GARCIA

College

VICTOR VALLEY
OXNARD
IRVINE VALLEY
FULLERTON
SANTA MONICA
MOORPARK
BAKERSFIELD
CERRITOS

Defenders

HUGO HERRERA
MIGUEL MARTINEZ
JOSE PONCE
BRIAN MONTALVO
JESUS GARCIA
FERNANDO ORELLANA
DAVID BANUELOS
JONATHON RODRIGUEZ

College

SAN BERNARDINO VALLEY
MT. SAC
CERRITOS
GOLDEN WEST
PASADENA CITY
MISSION
GLENDALE
CUYAMACA

Goalkeepers

SERGIO TORRES
JORGE CALVARIO

College

SAN BERNARDINO VALLEY
SAN DIEGO CITY

**2016 CCCSCA
Women's Northern California All-Region Team**

Forwards

Norma Verduzco
Jessie Bareilles
Jennifer Russell
Noelle Lemos
Leah Manuleleua
Averin Calvin

College

Hartnell
City College of San Francisco
Yuba
DVC
Delta
CRC

Midfielders

Karina Torres
Brady Candaele
Maddy Messier
Kiki Muniz
Paola Lua-Juarez
Juliet Ramirez
Erika Negrete
Hannah O'Donnell

College

Folsom Lake
Canada
Fresno
Delta
EVC
Solano
Canada
Folsom Lake

Defenders

Oksana Reynoso
Rebecca Killmartin
Maritza Trujillo
Mia Evans
Devin Burnam
Ylianna Chavez
Deiziana Dargan
Megan Trent

College

Fresno
City College of San Francisco
Hartnell
Folsom Lake
Delta
EVC
DVC
Folsom Lake

Goalkeepers

Katie McLaughlin
Amanda Nicholson

College

DVC
Mendocino

**2016 CCCSCA
Women's Southern California All-Region Team**

Forwards

Grace Busbey
Itzel Ballesteros
Leslie Ramirez
Jenell Garcia
Sydney Busbey
Alahna Perez

College

Palomar
Cerritos
Pierce
Ventura
Orange Coast
San Diego Mesa

Midfielders

Jordan Moore
Shadday Daniels
Maria Hernandez
Renee De La Torre
Odalys Espinoza
Kayla Sanchez
Katie Maddox
Georgina Herrera

College

Orange Coast
Chaffey
Cerritos
Santiago Canyon
Bakersfield
El Camino
Miramar
San Diego Mesa

Defenders

Hailey Phibbs
Rachel Herman
Jordan Steele
Rachel Edelstein
Dana Jacobs
Madison Mader
Casey Madeksiak
Chloe Sauls

College

College of the Canyons
Moorpark
San Bernardino
Saddleback
Cerritos
Rio Hondo
Cuyamaca
Southwestern

Goalkeepers

Brooke Riddle
Brittany Garrido

College

Golden West
San Diego Mesa